

AmPark Neighborhood School is once again participating in the:



Big Apple Crunch is a fun, participatory citywide celebration of healthy eating. Hundreds of thousands of individuals in businesses, schools and organizations in New York State take part in the “crunch heard ‘round the world!” This year, FarmOn! Foundation is setting our goal at breaking the record of 2,000,000 crunchers asking New Yorkers all across the state to take a bite out of a New York apple in a unifying action to raise awareness about the importance of supporting our local New York farmers, creating better access to fresh fruits and vegetables, and making it more affordable to eat fresh, local food for our health and for the environment. As part of Food Day, the **Big Apple Crunch is a way to celebrate food and get New Yorkers thinking about healthy, seasonal, local eating.**

**Parents, please send in 2-3 apples with your child as a contribution to this healthy initiative! Everyone at AmPark will be biting into our apples around 12 noon on Thursday, October 19<sup>th</sup>!**



For more information please visit: <https://bigapplecrunch.squarespace.com/>